## Low Flute Mask Sewing Directions



## You Will Need:

3 pieces of fabric

- 1 piece 16"x 5" (alto/bass) 17.5"x 5" (contra)
- 2 pieces 14"x 4.5"

4 pieces of elastic (preferably round)

- 2 pieces 7"
- 2 pieces 3" (for loops)

1 nose piece (I use floral wire that is like a twisttie but little metal nose tabs are common too)







- 1. Sew the nose piece to the longer central piece of fabric about 1" from the top of the fabric, a zig-zag stitch about the width of the wire should work well. (If you are using a metal nose piece you will probably want to sew it into a pocket of fabric)
- 2. Change your rewind machine back to a straight stitch. Seams should be about 0.25" from the edge of the fabric.
- 3. Sew up the sides of the central fabric panel, inside out, it is easier to not sew all the way to the top of the fabric, but stop about even with the nose piece.
- 4. Turn the pocket right-side out.
- 5. Fold in and sew up the top seam of the central fabric panel.





- 6. Sew the top of the two side panels, inside out, creating a cylinder.
- 7. Form two loop with the two smaller pieces of elastic, you can choose to sew them together but a pin should hold.
- 8. Insert the elastic loops into the fabric cylinder near the seam, with the pinned end at the edge of the fabric and pin it in place.
- 9. Insert the longer piece of elastic at the folded edge of the fabric, with the length on the inside of the cylinder, and pin it in place.











- 10. Pin and sew the side of the side of the panel with the elastic, you may wish to go over the elastic more than once.
- 11. Turn the fabric right-side out.
- 12. Fold and sew up the other side of the side panel, finish width should be about 4".
- 13. Create pleats on the side with the elastic, you should be able to get three, for a finish hight of roughly 3", pin the pleats and sew them down
- 14. Thread the longer piece of elastic through the loop and tie a slip knot for easy adjustment, the loop side is the bottom.
- 15. Repeat for other side.



- 16. Sew the three pieces together at the top, the central panel should be on top of the two side piece and the side of the fabric with the nose piece sewed to it should go on the outside, the overlap should be about an 1.25" on each side for a finish width of 9".
- 17. Sew the three pieces together at the bottom so that the end of the piece line up with the same overlap as the top, the central piece is longer and will create a curve when sewed together.

